

THOMAS WOLFE (1900-1938)



Writing as a Tool for Self-discovery (No Writing Experience Necessary)

Listen and write at Casa Esperanza on Friday June 19, 2009 from 12:30-2:00 pm. We will use Thomas Wolfe's writing as a springboard to open up our own thoughts and feelings.



American author, Thomas Wolfe, was preoccupied with "...what I have seen, felt and thought." He immersed himself in insatiable wanderings. He made seven brief voyages to Europe and never owned a home or a piece of land. He rarely lived in an apartment for more than a year and more commonly for just a few months. A handout outlining his life and work will be provided. All writing is treated as fiction and responded to with positive feedback with no regard to spelling or grammar. The goal is simply to get your feelings on paper. All welcome. Free.

Facilitator: Lawrence Spann, PhD founded the Literature, Arts and Medicine Program (LAMP) at Sutter Medical Center, Sacramento. He is a physician assistant at Sansum Clinic.



*Casa Esperanza - 816 Cacique Street - Santa Barbara, CA 93101
805-884-8481*